

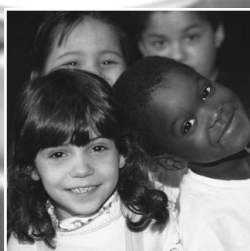
Raleigh Branch Volunteer Opportunities



**FOOD
BANK**



**OF CENTRAL
& EASTERN
NORTH
CAROLINA**



WAREHOUSE VOLUNTEER

Warehouse volunteers help to sort and repackage 40% of our warehouse inventory. Groups and individuals can help with: sorting fresh produce into smaller boxes; repackaging products from food manufacturers and distributors; and, putting bulk items into family size portions.

OFFICE ASSISTANT VOLUNTEER

Office Assistant volunteers assist our staff with filing, mailing, data entry, reception desk support, and clerical duties. Experience with computers is a plus!

TRUCK DRIVER VOLUNTEER

Volunteer truck drivers assist staff with pickups of local donations. An application and Authorization for Driving Record Verification must first be completed.

AGENCY SITE MONITOR

Monitors assist staff in efficient management and monitoring of Food Bank partner agencies. Monitors visit the agencies to insure safe food storage, adequate record keeping, and good stewardship of Food Bank product, and they communicate Food Bank policies and procedures.

SPEAKERS BUREAU AND AGENCY FAIR VOLUNTEER

The purpose of the Speakers Bureau program is to spread awareness about hunger in North Carolina and across the nation. Volunteers are trained to become advocates of the Food Bank and speak on behalf of the organization.

SPECIAL EVENTS VOLUNTEER

Special food and fundraising events, such as Heart of Carolina, National Association of Letter Carriers Food Drive, and Hunger Relief Day at the State Fair, are always in need of volunteer support.

BLUE CROSS AND BLUE SHIELD OF NORTH CAROLINA KIDS CAFE

Kids Cafe provides children at risk of hunger with nutritious meals and academic and health education. Volunteer roles include: tutoring, meal preparation, educational activities, and mentoring. We prefer volunteers who can commit to the children by volunteering on a consistent basis.

KID'S DAY

Kids Day is a monthly event for children between the ages of 5 and 11 where kids learn about the food bank, tour the facility, and perform a project. Kids Day is held throughout the year. All volunteers must sign up in advance.

VOLUNTEER HOURS

Tues. through Fri.: 9:00 am – 4:00 pm; Wed. and Thurs evenings: 6:00 – 8:00 pm; Sat. mornings: 9:00 am – 12:00 pm; Sat. afternoons: 1:00 – 4:00 pm. All groups and families of 4 or more volunteers need to schedule a time to volunteer. Volunteers must be 12 years or older, and all volunteers under 16 must be accompanied by an adult. For more info, please go to www.foodbankcenc.org or contact the Raleigh Volunteer Coordinator at 919.865.3024.