

Wilmington Branch Volunteer Opportunities

WAREHOUSE VOLUNTEER

Warehouse volunteers help to sort and repack 40% of our warehouse inventory. Groups and individuals can help with: sorting fresh produce into smaller boxes; repackaging products from food manufacturers and distributors; and, putting bulk items into family size portions.

OFFICE ASSISTANT VOLUNTEER

Office Assistant volunteers assist our staff with filing, mailing, data entry, reception desk support, and clerical duties. Experience with computers is a plus!

SPEAKERS BUREAU AND AGENCY FAIR VOLUNTEER

The purpose of this program is to spread awareness about hunger in North Carolina and across the nation. Volunteers are trained to become advocates of the Food Bank and speak on behalf of the organization.

SPECIAL EVENTS VOLUNTEER

Special food and fundraising events, such as Heart of Carolina, National Association of Letter Carriers Food Drive, and Hunger Relief Day at the State Fair, are always in need of volunteer support.

BLUE CROSS AND BLUE SHIELD OF NORTH CAROLINA KIDS CAFÉ:

Kids Cafe provides children at risk of hunger with nutritious meals and academic and health education. Volunteer roles include: tutoring, meal preparation, educational activities, and mentoring. We prefer volunteers who can commit to the children by volunteering on a consistent basis.

COMMUNITY GARDEN VOLUNTEER:

The Community Garden administrated by the Food Bank of Central & Eastern N.C. at Wilmington, is a common ground for the entire community to work together to make fresh produce available to the community. During the spring, summer and fall, there is a great need for volunteers to assist with general maintenance of the garden including watering. We need volunteers for both mornings and afternoons during these seasons.

HOURS

Monday through Friday from 8:00 am to 4:00 pm. All volunteers need to call to schedule a time to volunteer. Volunteers must be 12 years or older, and all volunteers under the age of 16 must be accompanied by an adult. For more info about volunteering, visit www.foodbankcenc.org or contact Dennis Connor, Operations Manager, at 910.251.1465 or dconnor@foodbankcenc.org.

www.foodbankcenc.org

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**OF CENTRAL
& EASTERN
NORTH
CAROLINA**

**AT
WILMINGTON**

