



FOR IMMEDIATE RELEASE
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FATHER'S DAY POWERSTROLL
Area Fathers Walk to Benefit Food Bank

WHO: WakeMed in conjunction with Healthy Moms

WHAT: Father's Day PowerStroll

Dads will be doing a circuit interval workout so all strollers must have working brakes.

Dad, there is still time to sign up! Call Tammy Morton at 919-350-8932 or email her at tmorton@wakemed.org. You can also visit www.foodbankcenc.org and click on the Powerstroll icon for more information.

WHEN: 9:30 a.m to 10:45a.m.
Saturday, June 17

WHERE: Pullen Park

WHY: For **admission**, please bring **diapers or formula**, which will be donated to the Food Bank of Central & Eastern North Carolina. (New unopened diapers only. Formula must be in original shrink-wrapped case; no individual cans/bottles, and no glass.)

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About the Food Bank of Central & Eastern North Carolina

Founded in 1980, the Food Bank of Central & Eastern North Carolina is a private, not-for-profit organization, which serves over 880 partner agencies throughout 34 counties in central and eastern North Carolina. More than 400,000 people are at risk of hunger in the FBCENC service area. Out of every dollar donated to the Food Bank, 97 cents goes directly to food and food programs. One of seven America's Second Harvest affiliates in North Carolina, the Food Bank solicits, collects, stores, and distributes food to nonprofit agencies assisting almost 400,000 people at risk of hunger. With branches in Wilmington, Raleigh, Durham, Greenville, and the Sandhills, the Food Bank distributed more than 31 million pounds of food to those in need in fiscal year 2004-05. For more information about The Food Bank of Central & Eastern North Carolina, please visit www.foodbankcenc.org or call 919-875-0707