



FOR IMMEDIATE RELEASE  
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CONTACT: Rebecca Barbee,  
Volunteer Manager  
(919) 875-0707

## **VOLUNTEERS GET MORE OPPORTUNITY TO HELP**

### *Raleigh Branch of Food Bank Adds Second Evening Shift*

**Raleigh, NC** –The Food Bank of Central & Eastern North Carolina will expand its volunteer schedule to include a Thursday evening shift in addition to the current Wednesday evening shift. The new volunteer schedule, which will be in effect the week of July 10, is Tuesday through Saturday from 9am-4pm and every Wednesday and Thursday evening from 6-8pm. Community service orientation will start 30 minutes before each evening shift, at 5:30 pm. This schedule change affects the Raleigh branch only.

“We feel that adding an additional evening shift to our volunteer schedule will help us to better serve our volunteers and the community, said Rebecca Barbee, Volunteer Manager for the Food Bank of Central & Eastern North Carolina. “We have had many requests for an additional evening shift and are excited that we are able to meet this need. Volunteers are a crucial piece of our organization and we are thankful for all of their support of the Food Bank.”

The schedule expansion will help to create more volunteer opportunities as well help balance projects more efficiently. Volunteers sort 75% of the Food drive donations to the Food Bank. During fiscal year 2004-05, volunteers logged over 87,000 hours, the equivalent of over 42 full time employees. For every hour worked by volunteers at the Food Bank, about 355 pounds of food is distributed.

For more information about being a volunteer at the Food Bank of Central & Eastern North Carolina, contact, Rebecca Barbee at 875-0707 or [rbarbee@foodbankcenc.org](mailto:rbarbee@foodbankcenc.org).

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#### **About the Food Bank of Eastern & Central North Carolina**

The Food Bank of Eastern & Central North Carolina is a nonprofit organization that provides food for people who are hungry in 34 counties in central and eastern North Carolina. The Food Bank serves a network of more than 880 partner agencies offering soup kitchens, food pantries, shelters, and programs for children and adults. In fiscal year 2005, the Food Bank distributed more than 31 million pounds of food and non-food essentials to these agencies. Sadly, hunger remains a serious problem in central and eastern North Carolina. In these counties, more than 400,000 struggle each day to provide enough food for their families.

[www.foodbankcenc.org](http://www.foodbankcenc.org)