



# NEWS RELEASE

## MEDIA ADVISORY

May 10, 2007

## Contact:

Christy L. Simmons  
Manager of Public Relations  
(919) 865-3050 (office)  
(919) 906-4798 (mobile)

## Local Contact:

John Lenzi, Operations Manager,  
Sandhills Branch  
(910) 690-0969 (mobile #1)  
(910) 639 7391 (mobile #2)

### Photo Opportunities

- Food Bank agencies at Aberdeen and Southern Pines Post offices
- Loaded postal trucks start coming in approx. 3:30pm to post offices
- FB trucks start pickups at Benson, Dunn, Erwin post offices approximately 2:30pm

## *15<sup>th</sup> Annual Letter Carriers Food Drive Set for Saturday*

### *“Stamp Out Hunger” in Sandhills*

**WHO:** Local letter carriers and the National Association of Letter Carriers (NALC), in conjunction with the United States Postal Service

**WHAT:** **15<sup>th</sup> Annual Letter Carriers Food Drive** to benefit the *Food Bank of Central & Eastern North Carolina at Greenville*

Restocking the Food Bank shelves is a critical and continuous process. On **Saturday, May 12, 2007**, local letter carriers and the National Association of Letter Carriers (NALC), in conjunction with the United States Postal Service, will be collecting non-perishable food donations in an effort to fight hunger during the **15<sup>th</sup> annual Letter Carriers Food Drive** called “**Stamp Out Hunger**”. All local donations will go to the Food Bank of Central & Eastern North Carolina branch **in your neighborhood at 195 Sandy Avenue in Southern Pines.**

**WHEN:** Saturday, May 12th

**WHERE:** Place non-perishable **food donations in a bag by your mailbox on Saturday, May 12 before your letter carrier arrives.** The food will be taken to the post office and then delivered to the Food Bank of Central & Eastern North Carolina for distribution to those at risk of hunger.

**-more-**

**List of Items Most Needed** *(Please no glass)*

- Canned Meals: Stews, Soups, Tuna, Ravioli, etc.: *Pop-top cans a plus!*
- Canned Fruits and Vegetables
- Rice
- Cereal
- Paper Products: Toilet Paper, Paper Towels, etc.
- Hygiene Items: Toothpaste, Shaving Items, Soap, etc.
- Diapers and “Attends”
- Elderly Nutrition Drinks: “Ensure”
- Infant Formula *(No loose glass and plastic jars of baby food as they will have to be discarded due to health regulations)*

**WHY: THE NEED - Food Bank of Central & Eastern North Carolina at Sandhills**

There are four counties represented in the Sandhills Branch’s service area: **Lee, Moore, Richmond and Scotland Counties.** Lee County is shared with the Food Bank’s Raleigh Branch.

The Food Bank of Central & Eastern North Carolina **at Sandhills** serves **111 partner agencies.** The partner agencies **operate 74 food pantries, 21 group homes, 11 after school programs, eight (8) shelters** and soup kitchens, **six (6) day cares, and two (2) sheltered workshops.**

In 2005-06, the Food Bank of Central & Eastern NC **at Sandhills** distributed **3,439,168 pounds** of food to those at risk in its service area.

During the four-year period from 2000-01 and 2005-06, the Food Bank experienced a food distribution **growth of 17.3 percent** in the Sandhills Branch’s service area

Go to [www.foodbankcenc.org](http://www.foodbankcenc.org) for more information about the Food Bank of Central & Eastern North Carolina. For more information about Stamp Out Hunger, go to [www.HelpStampOutHunger.com](http://www.HelpStampOutHunger.com).

###

**About the Food Bank of Central & Eastern North Carolina**

*The Food Bank of Central & Eastern North Carolina is a nonprofit organization that provides food for people who are hungry in 34 counties in central and eastern North Carolina. The Food Bank serves a network of more than 890 partner agencies offering soup kitchens, food pantries, shelters, and programs for children and adults. In fiscal year 2005 - 2006, the Food Bank distributed more than 31.4 million pounds of food and non-food essentials to these agencies. Sadly, hunger remains a serious problem in central and eastern North Carolina. In these counties, more than 400,000 struggle each day to provide enough food for their families. [www.foodbankcenc.org](http://www.foodbankcenc.org)*