



FOR IMMEDIATE RELEASE



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LETTER CARRIERS TO PERFORM DOUBLE DUTY ON SATURDAY DURING HELP STAMP OUT HUNGER FOOD DRIVE

WILMINGTON - On Saturday May 9, letter carriers in Wilmington and the surrounding areas will perform double duty on their routes – deliver the mail and collect food items to benefit the Food Bank of Central & Eastern North Carolina at Wilmington during the **17th Annual STAMP OUT HUNGER FOOD DRIVE**. The Wilmington Food Bank warehouse is located at 1314 Marsteller Street.

On May 9, simply place bags filled with nonperishable food items like canned meats and fish, canned soup, juice, pasta, vegetables, cereal and rice next to your mailbox and your letter carrier will do the rest!

Volunteers will be on site at postal branches throughout the day on Saturday to unload the postal trucks. The food will then be loaded onto trucks and taken back to the Food Bank warehouse.

List of Items Most Needed (*Please no glass*)

- Canned Meals: Stews, Soups, Tuna, Ravioli, etc.: *Pop-top cans a plus!*
- Canned Fruits and Vegetables
- Rice
- Cereal
- Paper Products: Toilet Paper, Paper Towels, etc.
- Hygiene Items: Toothpaste, Shaving Items, Soap, etc.
- Diapers and “Attends”
- Elderly Nutrition Drinks: “Ensure”
- Infant Formula (*No loose glass and plastic jars of baby food as they will have to be discarded due to health regulations*)

Reports from emergency food providers (pantries, soup kitchens, rescue missions) served by the Food Bank indicate that they have seen the need increase from 25% to 40% and even 60% in some cases during the past 12 months.

Go to www.HelpStampOutHunger.com or www.foodbankcenc.org for more information.

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